



SYNAPSE

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News from the Campus

Brainstorming Session on **Academia and Industry Partnership** was held on 29th September, 2018 at IIHMR Delhi. This was a combined panel and round table discussion and consisted of panellists ranging from industry experts, researchers and academicians. Discussions among the group focused on identifying the role of healthcare informatics in developing healthcare, identifying the needs of the industry and developing an understanding as to what shared needs (between industry and academics) might lead to win-win partnerships. Nearly 40 participants including faculty and staff participated and discussed about the possible avenues of collaborations in the area of health informatics.

Training program on **Certificate Course in Healthcare Quality (CCHQ)** was jointly organised by The Public Health Foundation of India (PHFI) in collaboration with Association of Healthcare Providers of India (AHPI) and National Health Systems Resource Centre from October 22-27, 2018 at IIHMR Delhi Campus. Twenty-nine medical officers from the state of Madhya Pradesh participated in the program. The primary objective of the course was to develop and implement a capacity building initiative in healthcare quality for healthcare professionals. Major topics included were quality and health, measurement systems for healthcare quality, tools for quality improvement, clinical governance, development of a quality culture and aspects of quality management.

STUDENT ACTIVITY UPDATES

Being healthy and fit is not just a trend, it's a lifestyle, and it's never too late to work towards being the healthiest you. Science reveals that running is a great way to improve cardiovascular and bone health, besides lowering blood pressure and other health benefits. Running is not just physical fitness it is about mental wellness too. With this belief IIHMR in partnership with Akash Healthcare, Transcorp International and Dwarka city- a leading Media House of Dwarka, organized Dwarka Health Run 2018 on September 15. The central theme of the run was 'Be Healthy Be Active'. The health run passed by Sector 17 police station and National Law University and back. Health Run was followed by the prize distribution to the winners at the institute. IIHMR Delhi believes in enhancing the standards of preventive healthcare at community level.



To be a soldier one needs that special gene, that extra something that enables a person to perform selfless service, put the lives of their countrymen ahead of theirs, something that is unimaginable to most of us. A professional soldier subscribes to military ethics, and maintains highest possible discipline when discharging their duty. We don't know all the soldiers who fight to protect us but we owe them all for their bravery and service. University Grants Commission (UGC) directed varsities and educational institutions across the country to observe September 29 as "Surgical Strike Day" to mark the anniversary of Indian Army's strike against terrorists on LOC at Pakistan-administered Kashmir in 2016. IIHMR Delhi observed this day by honouring the army officers and their spouses of IIHMR family. Col. Ravi Chauhan, a student from second year addressed the students, faculty and staff of the Institute. He made us well verse with the objectives behind the surgical strike and how the mission was carried out. All students took a pledge of support to the armed forces.



Teachers are important facet of any society and their role in education and career development of the students can never be understated. The students of IIHMR conveyed their gratitude, love, and respect towards the faculty and staff through a small gesture of celebration on the occasion of Teacher's day in order to thank them for paving their path towards a bright future. Various games and other activities were organized involving the participation of the staff. Event came to an end with cake cutting.



One more feather was added to the cap of IIHMR Delhi when one of its alumni, Dr. Saroj Mann (batch 2014-2016) won the prestigious title of **Haut Monde Mrs. India World wide 2018**. The event was held in New Delhi where she has overcome 100 other finalists from different cities of India to win this title.



The month of October gave students of IIHMR ample opportunities to learn from various seminars in different fields. Dr. Achal Bhagat a well-known psychiatrist gave his insight on 'Decision making and bias in hospital settings'. The lecture was very informative, where students and faculty have learnt about various types of biases that emerge in hospital settings and how to overcome them.



International expert Dr. John Balbus from National Institute of Health (NIH), United States Government gave lecture on 'Climate Resilient and Sustainable Technologies and Infrastructure'. Balbus serves as a senior advisor on public health issues and as National Institute of Environmental Health Sciences (NIEHS) liaison to its internal constituencies, stakeholders and advocacy groups. Students have gained knowledge on global climate change and health, transportation related air pollution, toxic effects of chemicals and regulatory approaches to protect the susceptible subpopulation.

Monal Nagrath(Batch: 2012-14)
Research Analyst,
International Aids Vaccine Initiative(IAVI)



What was your career path that led you to your current position?

Working with National Health Mission, Haryana, I learnt about the health systems functioning at district level. Following a formal training in maternal and child health programs, I was posted in Jhajjar district, Haryana as a child health coordinator and was responsible for implementation of all the child health programs in the district.

The district level experience helped me understand the governance and processes at ground level.

I also took up a short-term project with TRIOs pvt ltd to implement a Reckitt Benkiser's CSR project. This gave me an opportunity to work with a private organization where I worked on building intersectoral linkages with the Government and conducting training of trainer programs.

Could you describe your typical workday?

I start my mornings at 9.30 am with listing down the tasks/activities for my day, under the set goals, discuss them with my supervisor and give them timelines.

Also, my day includes different components from my job description which includes coordination of the quantitative and qualitative survey implementation, systematic review and secondary data analysis.

I also take out time for reading new developments in maternal and child health.

What educational preparation would you recommend for someone who wants to advance in this field?

Medical background with MPH

How do you see this field changing in the near future?

Maternal and child health is a vast subject and with each passing day, there are new discoveries as well new questions identified. This field keeps you connected you to the knowledge gained during graduation.

MEET THE FACULTY

Dr. Sumesh Kumar

M.A., M.Phil., Ph.D.(Eco), MBA Finance

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For how long have you been associated with the IIHMR family?

I have been associated with IIHMR family from last three years.

Could you elaborate upon your Professional and Work Experience?

I have about 17 years of experience mostly in academics.

What you are most proud of?

I am proud of my teaching profession as this is the best way to contribute in nation building.

What is the best thing about your job?

The best thing about my job is that we try to shape the future of youth having lots of dreams and enthusiasm. Moreover, there are ample of opportunities to learn.

What are some important attributes of a good instructor?

One important attribute of a good instructor is to give students environment conducive to learning and stress on real life examples to make classrooms interesting.

What professional development activities have you been involved with, over the past few years?

I attended various workshops and seminars, apart from that I have been involved in various research projects.

What are your current research interests?

I am currently involved in longitudinal ageing study in India and my research interests also include gender issues and economic studies.

Describe a situation in which you did all the right things and were still unsuccessful. What did you learn?

It was a situation when I was in my post-graduation, in one paper, though I attempted all the answers correctly but the result was below expectations then I learned the art of attempting answers with the help of my teacher.

What are some new skills you have acquired in the past one year?

Large scale survey management and managing diverse team.

A message for our readers

Develop learning attitude, keep learning and get success.

Healthcare in Headlines

Does India's Healthcare Industry need a Security Health Check?

UN According to a report by McKinsey & Co, India's healthcare industry is poised to be worth at approximately USD 55 billion by 2020– the sixth highest in the world. A thriving healthcare industry is great news for India's vast ecosystem of service providers.

[Click here to read full article](#)

SOURCE- Economics times health world. Date – September 4 2018

Modi launches Ayushman Bharat, says it is world's largest health insurance scheme

Launching the ambitious Ayushman Bharat Scheme' in Jharkhand on Sunday, Prime Minister Narendra Modi said the government-sponsored health insurance scheme will benefit more than 50 crore Indians. [Click here to read full article](#)

SOURCE- India Today. Date- September 23 2018

PM Modi envisions Varanasi as the healthcare hub of eastern India

Addressing a public meeting at (BHU), Modi said while a string of new hospitals in the public and private sectors were coming up in Kashi, and existing medical facilities were being upgraded. He referred to the upcoming cancer hospital in **BHU** apart from the agreement between the **BHU** administration and **the All India Institute of Medical Sciences (AIIMS)** for the Regional Ophthalmology Centre to buttress his point. [Click here to read full article](#)

SOURCE – Business standard. Date – September 18 2018

The Ministry of Health and Family Welfare, Government of India has proposed a 'Charter of Patient Rights' to be implemented by state governments

What is a 'Charter of Patient Rights'? A patient is entitled to a certain amount of protection to be ensured by physicians, healthcare providers, and the state, which have been codified in various societies and countries in the form of Charters of Patient's Rights. [Click here to read full article](#)

SOURCE- India Today. Date – September 7 2018

Private security industry is a bigger employer than healthcare in India: Study

The private security industry in India employed 7 million workers in 2015, making it larger than healthcare and almost as large as public administration. Two of every three Indian workers earned up to Rs 10,000 per month in 2015, much less than the stipulated minimum wage of Rs 18,000 prescribed by the seventh pay commission set up by the central government. [Click here to read full article](#)

SOURCE- The Hindustan times. Date- September 26 2018

ASTANA DECLARATION

Global conference on primary health care by UNICEF and WHO has concluded with ASTANA DECLARATION. All the member countries signed the Astana declaration. [Click here to read the full article](#)

The 73rd session of UNGA adopted a declaration called time to deliver.

Accelerating our response to address NCDs for the health and wellbeing of present and future generations. According to WHO, Non-Communicable diseases are result of a combination of genetic, physiological, environmental and behavioural factors. [Click here to read full article](#)

India has been ranked at 103 out of 119 countries Global hunger index2018. India's hunger level categorized as "SERIOUS".

IT is a tool designed to comprehensively measure and track hunger at global, regional and national levels. It is released annually by Welthungerhilfe and concern worldwide. [Click here to read the full article.](#)

WHO TB report and roadmap

WHO released World TB report 2018 with collaboration of UN's first high level meeting on TB. It released a Roadmap toward ending TB in children and adolescent. [Click here to read the full article](#)

FIRST bio – electronic medicine

Scientist from USA have developed the first bio -electronic medicine an implantable, biodegradable wireless device that speeds nerve regeneration and improve the heading of a damaged nerve. [Click here to read the full article](#)

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